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Fate & Free Will



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Message From The Editor

Is human life completely predetermined? Do we have any free will? This debate has been going on from the very beginning of human thought and spirituality.



What is the nature of fate and free will? Is our destiny written irreversibly in concrete by fate? How is the Law of Karma related to fate and free will? Can we create our own reality and destiny freely? Are fate and free will irreconcilable aspects of life or complementary dimensions of the One Ultimate Reality?

This special issue on 'Fate and Free Will' addresses such questions from various perspectives with the aim of helping the readers arrive at their own conclusions.

Love and Light,

Prabhath P

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Blissful Play of Free Will and Fate

By Anne Kaspar

Since the origin of contemplative thought, in many advanced cultures, humanity has quested to determine whether free will or fate governed our experience of life. Ancient texts, mythologies, parables and folk stories time and again address this fundamental question. Science and theology both have been tripping over themselves and each other for more than 500 years attempting for once and for all, to settle the question - do we create our reality or does God/dess? Yet, reality itself, and its brilliant diversity, strive to transcend the inherent duality of the question itself.



Truth be written: fate and free will play together in a beautifully well-orchestrated symphony we call life. One cannot and does not exist without the other. And the interplay of fate and free will creates one of the most joyous experiences of being a human - the profound, and sometimes profane, opportunity to create anew with each life-affirming breath.

When I was a child and elected to be a veterinarian, like many children do, I very much felt the choice was made of my personal free will. My love of animals and their well-being, to me, forged a choice born of love - a selection born of my ability to express free will. No long line of medical or veterinary professionals existed in my family. Nor did a cascade of farmers or ranchers blaze my ancestral heritage. I was raised primarily in cities, not the countryside, where animals

are more plentiful. My exposure to animals was limited when I compare my youth to others. Either legacy would've have satisfied determinists who would argue, as all proponents of the triumph of destiny, of the inevitability of fate, do, that my environment, my genetic coding, divine predetermination even led me to seek a profession that was my fate, my mission, my life purpose. We all have often seen friends, colleagues or family members, choose professions because other family members selected the same profession, as though the gene for being a veterinarian truly existed. We have seen those choices made at very young ages too. Perhaps a veterinarian gene indeed does exist!

When I decided to leave my college studies of Biology, Philosophy and English Literature behind me and become a professional on Wall Street in my early 20s, was that choice born of free will or of some vaguely God/dess-ordained, predestined fate? I argued both sides of the question, as philosophers, scientists and theologians do. As a biologist, empiricism, evidence and the scientific method ruled my thought processes. As an artist, a writer, and an analyzer of language and its meaning, free will bloomed wildly. As a philosopher and theologian, arguments for the validity of both fate and free will landed squarely in the realm of either or, depending on how you organized your logic and argument. Hum...

In the early 80s when I began training in Manhattan to be a financial advisor, I could say to myself, the choice of being a financial advisor on Wall Street was a decision based on my personal belief in "survival of the fittest." And I, again of my own free will, chose the financial services profession because it fulfilled a desire I had at the time to excel in a highly competitive and exceptionally rewarding industry dominated by men.

With a triple major in Biology, English

Literature and Philosophy at a women's school, Wells College, my choice to work on Wall Street does not appear in any way predetermined. Wall Street, frankly, when I first applied for employment there, could not fathom why such a candidate was even before it. How could a woman with no economic, financial or accounting background possibly believe she was able to effectively work in such a foreign environment? However, my free will, as any of my early supervisors will tell you, my exceedingly determined free will was relentless. I wanted to work on Wall Street. Never would I take no for answer, although Wall Street would many times say no to me. By the age of 28, I secured the title of Senior Vice President at a firm then called Shearson/Lehman American Express. Who would argue this chain of events was simply my destiny? It seems impossible, and yet...

By 1996, however, as one of the first women on Wall Street to claim my civil rights in the financial services industry, and initiating one of the first landmark gender discrimination and sexual harassment class actions against a major financial services firm, nearly anyone could argue my Wall Street career was the fulfillment of my destiny as a woman, who early in her life respected, revered the equal rights of women. In fact, when one reviews my ancestral legacy of merchant banking, my personal childhood background, the schools I attended, and significant early adult influences, the presence of the hand of destiny is clear, undeniable. Did a banking gene actually activate in me in my early 20s, fulfilling the destiny of five generations of European bankers? How did I choose a college only 50 miles away from where Elizabeth Cady Stanton and Susan B. Anthony, founders of the American women's movement, began their equal rights efforts? How did I choose a woman's college that was founded by Henry Wells, also founder of Wells Fargo Bank and American Express, two of the world's financial giants? How did I choose to be raised by a single mother whose sense of personal self-worth was the very bedrock of my own sense of a woman's worth? I didn't. And yet I did.

As I reflect, my observation is simple. God/dess

and I together made these choices, created both the opportunity for free will and the opportunity for divine fate. Throughout life I have experienced fate and free will as complementary sides of the same coin, two joyous, powerful forces at play in the ever-weaving threads of our interaction with and in the world. To me, fate and free will are like twins, separated, but still somehow, one.

Apparently, the most current scientific observations of atomic matter affirm my belief. According to 'free field theory,' the grandchild of quantum mechanics and Einstein's theory of relativity, we live a free, open field of potentiality eagerly awaiting our intention, inviting our free will, beaconing our choice to join it in celebration of the continual creative evolution called life. Each moment, as Sophia in 'Vanilla Sky' would say "is another moment to turn it all around."

Hum...sounds blissfully divine to me. Like the change of the seasons, the waves of the ocean, the beat of the human heart, the arc and curve of a magnificent dance, fate and free will move intimately together, creating life's experience, moment to moment. From breath to breath, from the cradle to the grave, we are free and we are divine.

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Free Will Re-explored

By Ellaeenah

What is the significance of FREE WILL, if it is not free will of the conscious mind?

To answer this question, we must first understand **WHO WE REALLY ARE.**

When you restrict the definition of self to the 'intelligent mind' then you limit your Self. Yes, you ARE the conscious mind, but that is not all that you are. It would be very simple for me to say that you are mind, body and spirit, but the time for

such obviousness has gone. As we grow, our answers and our truths must expand and evolve.

So who are you? Let us review this question on 3 levels: physical, mental and emotional. For the purpose of this answer, we may include mental and thought as one, although it is really a different aspect altogether.

On a physical level, it is easy to understand who you are. This body, that you are at present occupying, is the 'first level of physical' and is the most insignificant of all. And yet in our limited reality, it



seems extremely important. Why do I say that is insignificant? Because in the evolution of Spirit, that in its natural course has no physical structure, the physical does not play such an important part, but because of the very nature of our embodiment, it is the physical which has to CONTAIN 'Spirit embodied.' In order to contain the Spirit well, in order to permit the Spirit to expand and grow, and in order to contain that expansion, the physical body plays a part.

This physical body in its perfect state only shows youth. It never ages. As soon as you perceive signs of age, this must indicate to you that the physical body is unable to contain either the 'expanded Spirit,' if you have been working at it, or is unable to contain even that constrained part of Spirit that you desired it to. When physical body is influenced by chemicals and drugs, it affects the physical cells. There is a fallacy that is commonly held about the use of nicotine, alcohol, and such other substances, that they will harm the Spirit. They do no such thing, but they certainly harm the cells within this physical body that must contain that Spirit. As you work and expand Spirit, the physical needs to be in perfect balance, in order to contain this expansion. From that point of perspective, the physical body is vital. Substance abuse and dependence on chemicals create a highly acidic inner environment, which stagnates spiritual expansion.

We come to the next phase of the physical that is the 'Physical Structure of Spirit'. It sounds as though it is a paradox, but it is not. For any energy to take any form there must be a physical structure. What is the definition of 'physical'? 'That which is influenced by the laws of physics.' So 'Spirit energy' has a 'physical structure'. It is NOT influenced by the laws of physics of our three-dimensional world. It is influenced by the laws of physics FROM THE REALM THAT YOU HAVE REACHED as THE HIGHEST VIBRATORY ENERGY. I repeat again. It is ruled by the laws of physics that rule THAT REALM, WHERE YOUR

HIGHEST VIBRATORY ENERGY HAS REACHED. And this is not limited only to this incarnation. If in one incarnation you have reached a very high intensity of vibrations, for ALL ensuing incarnations, you will be ruled in 'Spirit structure' by THAT realm, till your vibratory intensity surpasses that earlier reached level.

When subsequent incarnations do not, for some reason, permit you to move to THAT realm, there is a great conflict, between the 'physical structure of Spirit' and the physical embodiment (your body). Often this is manifested as ailments that just cannot be cured because the imbalance is NOT in the physical; it is in the 'physical structure of Spirit'! There can be no three-dimensional cure for this. The only healing is for this 'embodied Spirit' to reach the realm of highest vibratory level that it had reached. Once it reaches that there will be no ailment.

The next step is that part of Spirit that is NOT included in the 'embodied process' but which also has a physical structure. The physical structure of this Spirit is ruled by laws of physics of the realm that your MASTER ENERGY has reached.

Now let us move on to EMOTION. At the first level are emotions like love and hate, laughter and grief, irritation, frustration, envy, jealousy. All of these come under the heading 'physical emotional state,' at the lowest level. It is still part of you, as each part of the three physical levels is part of you. You exist at all these levels.

Then you reach exactly the 2nd level; the 'emotions of the embodied Spirit.' They take two forms: One - those emotions which have gone beyond the physical level of emotion, which you bring with you from past incarnations. These have to be dealt with at a time when your 'physical emotional self' is strong enough to do so. When the 'physical emotional self' is strong enough, it accesses the 2nd level of the emotional self and pulls down into conscious awareness, an emotion that you earlier had no conscious awareness of.

When you have 'pulled down' ALL the emotions

from the 'embodied spirit self,' which is clear of unresolved emotions, it automatically becomes a vacuum, which is filled instantly with the highest MASTER ENERGY emotion, which is 'UNCONDITIONALLOVE'.

If you wish to access this Master Energy emotion, you must first clear your embodied emotional self. Make it strong enough to 'pull down into conscious awareness' the 2nd stage. As soon as that is emptied, Master Energy will flow in and become part of your physical cellular structure.

Let us now turn our attention to the 'mental,' the place where you think resides 'free will' and you will realize that 'free will' has nothing to do with the 'mental'. The intelligent mind is the FIRST level, the lowest level, of the 'mental'. It is vital, in order to be able to think, to deduce, to reason, to discern, to be logical, but it must not be permitted to overwhelm the '2nd Level Mind' which is mind of the 'embodied Spirit'.

The conscious mind helps you to have conscious thought, but you do know that there are several 'unconscious thoughts' that flit by without your awareness. These thoughts come and go unchecked. The more you clear the 2nd level emotional self, the purer will be the thoughts of the 2nd level mental self. The 2nd level mental self thinks FROM and IN RESPONSE TO the 2nd level 'emotional self'. Have you not often used the words 'I didn't MEAN to'?

You genuinely didn't mean to, but you meant it at the 2nd level emotional, 2nd level mental. As soon as 'clearance' is attained in 2nd level emotional, there is 'clearance' in the 2nd level 'mental'. Clearance in 2nd level mental means IMMEDIATE CONNECTION to first level mental. The intelligent mind with THAT connection does not think from the first level any more, but from the 2nd level.

The 3rd level mental is always connected to the

'disembodied Spirit'. The disembodied Spirit 'thinks, reasons, chooses, decides' from the largest picture of the IAM THAT IAM.

From which of these nine levels that we discussed above, does free will flow? It is the 3rd LEVEL EMOTIONAL that makes the choice. That is why it is called FREE: unencumbered by 1st level and 2nd level decisions. How simple to understand the word 'free' and how complicated we sometimes make it.

At this stage you may ask, 'how can emotion have a Will?' My dear friend, what else would have a Will? Your Will to grow comes out of an emotion. Your Will to succeed comes out of an Emotion. It is THAT Will, which subsequently makes you think of how to access and get that Will attained. That Will does not come out of mind but Emotion! You may THINK 'I want to be this or do that'. That is not WILL. That is the DECISION of the intelligent mind.

You may wonder, then, where intent originates. Intent originates at the 3rd level mental, whereas 'free will' resides in the 3rd level emotional. Now you may think that all these are different levels, but they are not that complicated. They only sound so, when we verbalize a very natural process. If the process of your breathing would be described to you, explaining how each organ functions, you would wonder how you ever breathe! But you pay conscious thought to this process? Do you know how many tiny physical structures exist within you? And yet take a deep breath. How easy it is!

Each one accepts, each one expects, and each one aspires. You accept completely that which you are. You expect help, guidance, love, wisdom. You aspire to different goals, as per Will. The Universe is placed in such a manner to help you fulfill these aspirations. But at every level, you have to work with the Universe. You may 'aspire' for complete and total spiritual 'sainthood' in one lifetime. But you have to WORK towards it. You have to HELP the Universe grant you that aspiration. "Ask and you shall receive," certainly, but nothing is given to you without your initiative, your attention, and your effort.

So, dear friends, fate is what you feel entrapped by; free will is what sets you free.

Let me end with this poem that Mother Kwan Yin channeled through me some years ago:

See the golden cage. Open it
See yourself and set it free.
Look within for all that's dark,
See the light and let it BE.
If not for dark,
The light would go unnoticed
If not for light,
The dark would seem so free.
Let it rain, when it will,
For sure the sun will set you free.
Look not for joy in the chain of another,
For chains ne'er set you free.
Look at the chains you place within.
With them you cannot set another free.
Laugh out loud in the purest of joy,
And hear your laughter set you free.
When tears constrict and the heart cannot speak.
Let the tears flow and set you free.
Let the sound of music dance with you,
Let music set you free.
And all is aglow.
The vibrant hues set you free.
The cage is gold, but oh so strong.
How will the bars set you free?
Push not against the bars.
Your strength will not set you free.
Love the bars and be ajar
And thus YOU set you free
For bars are only strips of dark
That shadow the light that set you free.
Use your heart, your soul, your mind,

Your ego too can be set free.
Let ego experience its fullest power,
In its own weakness you will set it free.
For strength of ego is but frail.
Even a bird can set it free
But the golden cage comes so strong
Because the cage it is that you do not free.
You hold the cage with all your might
And then complain of the receding light
You hold the cage in warm embrace,
And ask of God to set you free
You are the cage, you are the bird.
Oh, tiny bird, set yourself free.
For haven't you seen that the door is ajar?
Flutter your wings and soar away free.
Reach the heights you have only seen
Touch the wings you have longed to be
Let the gentle flutter of your wings,
Be the song that sets you free.
Look not for joy, look not for hope,
Look not for charity,
For all is present within your cage
But only you can set it free
When once you soar and touch the sun,
You will then know your day is done.
Ne'er more will you return to the golden cage,
For evermore, little bird, you will be free.

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Ellaeenah is an intuitive spiritual facilitator, teacher, writer and life counselor whose practical insights into Ancient Wisdom have empowered innumerable people. Her work extends into the realms of the Spirit-Psyche, such that life is directed by consciousness of thought, word and feeling, to bring about self-empowerment through complete recall of one's Godhood.



DIFFERENT ASPECTS OF THE ONE WILL

By Divyaa Kummar



Free will and Fate are simplistic labels which we need to go beyond to truly understand this subject, for in the larger picture, they are not the two extreme points or irreconcilable opposites as they first appear, but aspects of the One Will to Be whether we view it as the Will of God, Creator or Universe; or as the will of Its personal consciousness and its many individuations!

Much of the confusion that hovers around this subject arises because we experience each from its own microscopic point of view, and in that they seem mutually exclusive states of being; but if we take a bird's eye view - moving away from both to

look at them together from this vantage point - we become aware how they indeed coexist within each other and how fate, also called destiny, arises from true free will! Paradoxically what we usually consider as our 'free' will is more often than not action that arises from 'personal will' the freedom of the limited will of ego and its ignorance and separation! 'True' freewill - call it Divine will, Thy will or My Will - permeates all in willfully choosing which will to operate from for any ascribed 'time and space' experience! As it would take up pages to explore in depth each aspect - Divine will, free will, ego will, destiny, and the many shades in between - I will through this article bring to the table a few interesting aspects!

From the human point of experience, fate or destiny is initially experienced as out of our hands and that portion of life that has been preordained either by a 'God' or your Soul or the past deeds of Karma - either way a force outside you of which you now have no conscious recall or control. Inherent in this point of view is the divine justice that dispenses this fate to you! Free will in this context is usually considered, as it's opposite: 'my' personal will, ability, and freedom in orchestrating 'my' current life events. My current choices operating, rather than those of the larger forces, be it god, soul or my past!

And yes, this point of view is not inaccurate when it's being experienced by personal consciousness, the human point of view! For as individuals, having forgotten their larger aspects and disconnected from their more knowing aspects, they do not recall that it is from their true free will that they indeed planned their destiny! And the reason I highlight 'true free will' is because for any choice to be truly free, it must not arise from limited knowing! Think in lay man terms: if you were giving your daughter true freedom in choosing her college, but hid from her all the admissions you did not like, would she really have made a free will choice? And if we follow this through, one realizes that what we call destiny is planned indeed by the true unlimited Self that you are, often known as your Higher Self, aware of all your experiences through consciousness. And it is in this all-knowing state that 'you' plan each current life and its options in accordance with what you as a unique aspect of the Whole (and for the Whole) choose to experience, explore, expand or disempower through each current life! Thus is fate truly a free will intent!

And paradoxically, what we usually consider as our free will are actions arising from our ego or personal will and its limitations! Limited not in its scope of freedom, but only because one is acting from the limited aspect of self - the ego self - the individuated separate and ignorant of the whole

picture self! And only as we align with 'wider or higher' aspects of self, as we extend from subconscious reactions and patterns to conscious responses, as we shift our centre of operation from the programming of what we have always done (manas - lower mind) to what we can best do now (buddhi - higher mind), as we move from personal consciousness to our more universal consciousness - as the clouds of ignorance and separation do not limit us quite as much - do we for the first time begin to operate from true free will in the here and now. Even though we might have considered all our actions as free will choices they were not truly so!

And thus yes, your plan or what you then call destiny in forgetting that it was your free will creation, will operate to some degree or the other in what you call life, as you would want any plan to! But the point to understand is that it is your true free will plan and thus destiny is not something out of your hands - but indeed shaped by your larger, more able hands, and more so in consultation with Masters and Guides with even more knowing or alignment with the Whole! And unknown to you (at least consciously), the current self - you - are always in touch with this higher aspect of Self, and so your plan is not something fixed and forgotten but constantly updated! This plan then becomes the circumstances, people, choices you seemingly 'come across' to experience, explore, expand or disempower!

This plan or destiny is often called your 'blueprint' in esoteric circles. And it must be kept in mind that an architect only finalizes a blueprint that he as architect knows is feasible! Once again this emphasizes your free will in creating your blue print! And more so a blue print is just that - what the architect in you intends as the basic structure. It does not cover the details of furniture and colors and interiors, which you will add 'later' from what you call free will, but I prefer to say, from the freedom of your individuated personal or ego will! Somewhat like a marriage proposal where the intent is to be together in harmony and whatever else each couple has conjured, but every year is not planned in advance! Or how an author or artist may conceive

his painting or book yet the details come about in the making! And that's the point! To play the game of personal consciousness and its separation and ignorance and master it and expand your individuated 'ego' will back in alignment with Your Divine will! And even as we begin this move from personal to universal consciousness the less difference and conflict do we experience in all these aspects of the One will!

In Hindi we have different words for different aspects of your so-called fate: SANCHIT is your larger soul plan, purpose, or learning - what you as a unique individuation have chosen to explore for the whole; PRARABD is that portion from the whole plan, which you bring into each current life as opportunities or 'fate' to explore and experience, leaving the rest for 'other' lives! SANSKARAS are the latent impressions (beliefs), which you select to come with in this life from all your accumulated ones, to create the backdrop of your life as best required for fulfilling the experiences you have chosen for this life from true free will! Because on a physical planet it is your beliefs that will shape or reflect the outer environment in which you then play out the game! Much like putting up the props to stage the play! (It is all of this that is reflected in your astrological charts - your larger plans, current plan, strengths, limitations - your chart is what you are, and not vice versa!)

This leads us to the understanding that there are certain aspects our free will intentions have put into operation, which we in personal consciousness cannot really reverse, for we chose it that way! Especially, our birth environments! Like a farmer chooses that soil which will be best for his crops - some growing best in arid limestone, others requiring a sandy gravel and some a rich moist soil! The first seven years of a child's life - when it is said that a child picks up impressions rapidly from his environment - is true free will playing out because the individual is being impacted as per his free will plan by parents

and an environment chosen for this so that they further become his beliefs to then experience as life and thereby explore, expand, or disempower as life goes on! In analogy it's the portion of life when you deal out the cards and then play from those cards the rest of the game!

Many a time destiny and its free will 'plans' seem restrictive, tiresome and something we have to suffer through; but instead are the very foundations of what we have willfully chosen to do and learn. Much like beams in buildings that appear in odd places but hold up the structure, fate is a device to making things easier for us once we have entered the experience and donned the veils! An aid to get what we want done; in fact to ensure that life goes the way we have intended it to, much like an itinerary helps us organize a long journey better, or a shopping list makes it easier for us in that large supermarket with its multitude of choices or a curriculum which facilitates teachers and students on what aspects to focus from the vast range of material available! Hence destiny helps us define rather than taking away our true free will and is not the noose around our neck that most of us make it out to be. Destiny does not restrict our 'choices' here; it helps us focus on them!

And in order that all of this runs as per free will plan, these true will intents are encoded as our desires and arise to keep us on track! And true free will plays out through our personal desires, becoming one and the same! More so we place 'triggers' to come into our lives at different times - certain events, people and situations (reflected in our astrological charts through dashas) - a time table we encode into our destiny! Very much like our cell phone reminders which beep loud and clear and yes may appear intrusive, but are fed in by us in the first place! Either way, once our phone reminder has done its job it pretty much leaves us to do what we want. Likewise destiny does not interfere with the actions we then choose once we are in physical reality. Though on occasion just as we willfully set the alarm on snooze and thus the phone keeps up its beeping at intervals, destiny may keep sending us reminders.

In this deeper understanding of the subject, the utter paradox that arises, is the dawning that when we ask “can my free will change my destiny”, what we are really asking is can our freedom of personal ego will change our free will! (Unless you are operating from higher consciousness, and then such conflicts do not arise!) In analogy it's like asking if you can choose not to go to a party when you know you are opting to - it's purely rhetoric! Indeed 'difficulties' arise or compound when we allow fears and ignorance to sidetrack us away from our free will intents, which you must remember are being constantly updated in every Now!

When we are unable to operate from the larger picture, and instead make choices out of the fear and the limiting beliefs that we have come 'willing' to overcome, is when life seems challenging! This sets off a chain of events we feel we have no control over, and then blame 'destiny' for it: while the 'Murphy's law' syndrome of events actually rises due to operating from limited ego will, and not from the free will of destiny or the expanded ego will of the now! Yet, in the human game, all choices are always open: one based on operating from complete ego will and its limitations and fears; another based on expanding this limited ego will and choosing from that expanding centre, which increasingly becomes one with the larger picture and its true free will! And at this point I must highlight that it is the fault of language, that in our very referring to 'higher self' and 'ego self' and 'divine self' they appear different selves and thus we question which self plays out, but truly they are all one self with no such jostling really happening, and each aspect of will is always contained in the other!

Free will! Such a magical term! And why not? It is through which I as Creator burst into existence and revel in being All That I Am! It is truly the one will, desire, urge to be, free from anything but the divine intent of experiencing, being, and revering Self (and the Love, abundance, wisdom and

creativity contained within this Self) infinitely and infinitesimally! There is no 'other' to confuse the issue of whose will it is! And it is that same 'will' and that same intent that comes 'down' the line so to say, as I individuate into universes, galaxies, solar systems, planets, monads, souls, current selves, animals, plants and mineral and at each stage I choose which level of freedom to operate from, in this exploration of Self!

So do we have free will?? It depends on which phase of this One Will you are operating within, which stage you are experiencing, for only in separation do you experience it as myriad wills. Fate thus is My free unfettered Will's plan for my life; the freedom of ego or personal will is how current self chooses to explore and experience that - fumble and fudge or enjoy and expand towards that intent; and free will in the here and now is when my personal self and higher self function smoothly through the current me!

Indeed Thy will, is my will; and my will is thy will for there is no difference between the two. We had a beautiful meditation session recently, in which a western love song where the words “I walk the line for you” were being sung and we switched from us saying that to God; to God saying that to us! I wish the same 'surrender' for you.

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Divyaa Kummar, from Mumbai, India, is a spiritual facilitator reaching out through discourses, writings, tarot workshops, personal energy sessions, and meditation groups blending ancient dhyana and tantra techniques with a more current approach.



Integral Co-creation of Reality

By Prabhath P

In the discussion on fate and free will, there have always been extreme views that exclusively focus on absolute predetermination or absolute free will. “You create your own reality” is a slogan mostly used in New Age circles. This view often ignores the role of fate totally and does not take into account the complex and interconnected web of Karmic factors that influence the unfolding of our individual lives within the context of the collective consciousness of humanity and Earth.

On the other hand, some perspectives are on the other extreme claiming “your fate is written on your forehead,” and rule out any means of free reality creation, asserting that we are mere puppets of destiny. Some also see the Law of Karma as the source of an unchangeable fate, which determines



every event of human life and the Universe itself.

Such views forget to look at the big picture in an integral way and do not have a balanced understanding of fate and free will. Reality is never black or white. Reality has infinite dimensions interconnected integrally by an underlying unity.

What is Karma?

The Sanskrit word Karma means 'action,' which involves not only physical action, but also mental and emotional action. Action denoted by the Karmic Law includes the actions of your current lifetime and previous lifetimes, your actions at present and your actions in the future during your current life and your future births. Karma is not a 'law' in the conventional sense of the term either. Karma is actually a dynamic process that balances and harmonizes the evolution of the Cosmos.

Karma is not a tool of retribution or a law of linear cause and effect, but an agent of individual and collective evolution for manifesting advanced and integral levels of consciousness. This evolutionary process is a combination of linear, nonlinear and multidimensional causes and effects operating in a web of interrelationships and feedback loops. The strands of an individual's personal Karma are interwoven with Karmic strands of our family, culture, society and the planet. So everything affects everything else! It is similar to what Buddha meant when he introduced the concept of 'interdependent co-arising.'

Fate and Free Will in the context of Karma

What is the significance of Karma in the context of fate and free will? Before we explore that, we need to get some clarity about what we actually mean by the much misinterpreted and misunderstood terms 'fate' and 'free will.'

The pop culture view of fate pictures it as a rigid and unchangeable deterministic force from which there is no escape. Actually fate itself is a multidimensional phenomenon. The negative and habitual Karmic predilections resulting from the egoistic actions and desires of past births make up only one aspect of fate. Another aspect of fate is the Divine plan that the true soul of an individual chooses consciously before birth for the next lifetime, for the advancement of the soul's evolution and life purpose.

The Karmic conditionings of one's own previous lives in combination with the true soul's Divine plan take us to certain situations and circumstances in the current lifetime. In addition, there are also the family, group and planetary Karma that might impact the conditions one finds oneself within the current life. For example, in an interconnected world, the bad Karma created by the polluting lifestyles of the industrially developed countries have worsened the ecological crisis, which affects even people from other regions who might not have lived a life harming

the Earth!

However, Karmic factors do not govern an individual's life completely. We are inherently free to choose how to act under the given circumstances and create our reality. Anyway, we need to ask a crucial question. How free is what we call free will? Ironically, what is often seen as free will is not free at all! Most of the time, the conditionings created by the parents, teachers, one's own particular ethnic culture, political ideologies, nationality, peer group influences and nowadays even the commercialist consumerism subconsciously determine how an individual acts in a given situation. Such actions arise from an illusion of free will rather than real free will!

Real free will can be exercised only when we go beyond the surface ego-self and access the deepest authentic self, the true soul, which is an aspect of the Integral Divine consciousness that encompasses all manifest Universes, infinite dimensions and the Emptiness from which manifestation emanates. Only this Divine Self can integrate all the aspects including the ego into an integral whole. That is where the role of integral spiritual evolution comes in.

Humanity is an integral part of the Gaia consciousness of Earth. Earth is a living organism with a superconsciousness that encompasses us. In fact, humanity and all the other species that co-exist with humanity on Earth are immersed 'within' Gaia. Our evolution and destiny are interconnected to Gaia and all her beings. Gaia surrounds us and Gaia is within us and 'We' are Gaia, the Earth. The Earth exists in Communion with the Solar energy that sustains life on Earth. The Sun and the Earth are aspects of the Galactic consciousness, which is embedded in the Cosmic consciousness, and the Integral Divine consciousness that is both immanent in the Universe and transcendent to the Universe. When we realize this, we can understand that the separation between a subjective world within and objective world outside is an artificial duality imposed by reductionistic thinking.

When you connect to the Divine within by

manifesting your true soul consciousness, you can attune yourself with the Integral Gaia consciousness and go beyond the restrictions of any negative Karmic influences and become truly free to manifest your life's purpose by co-creating with Gaia consciousness, the Cosmic consciousness and the all-pervading Integral Divine consciousness. This can be done through mindfulness and integral meditative practices that integrate the body, mind, spirit aspects of our existence. By manifesting an Integral Multidimensional consciousness, it is even possible to alter the past through non-linear retroactive causation because at the level of the Integral Divine consciousness, the past, present and future exist simultaneously!

Acting from 'fake free will' coloured by egoistic conditionings can have disastrous consequences. For example, an individual might decide to lead a completely materialistic lifestyle of unbridled consumption with luxuries like private yachts, jets, fancy cars and what not, triggering ecological destruction. When a large number of people start living like that, the larger holistic 'free will' of the Gaia consciousness will assert itself to restrict the narrow 'ego-will' that masquerades as free will from running riot and endangering the whole!

Simplistic misinterpretations of the 'law of attraction,' which say that the universe mindlessly brings to you whatever you desire, are catching the fancy of popular imagination through books and films that claim to reveal the 'secret' of manifestation. But the Universe is not a dumb entity that exists to satisfy the limited egoistic desires of human beings. The law of attraction is real and an aspect of the law of Karma. Actually, the law of attraction serves as a tool for Karma to create balance and order in the Universe. The Earth and the Universe are superconscious living organisms, aspects of the Divine, and can restrict the manifestation of human desires if those desires are imbalanced and endanger the soul's evolution

and the evolution of the collective consciousness. An excellent example of this is how humanity is now being forced to acknowledge the existence of the ecological crisis caused by human greed and take measures to avert disaster.

The law of Karma is often misinterpreted to justify social, economic, political or ecological injustice by saying that those who suffer such injustices created their own reality through their bad Karma and nothing could be done. This is a skewed view. Even if the soul plan or previous lifetimes of the oppressed people and the oppressors might play a role in predisposing them to such scenarios in their current lives, it is still not a justification or excuse to avoid corrective action to challenge and prevent coercive injustice to pave the way for a civilization based on compassion, co-creation and communion. Injustice in any form indicates imbalance in the cosmic order and our present actions must be used to restore balance and harmony by dissolving injustice through proactive transformation arising from the integral Divine will.

Fate and free will are not mutually exclusive, but complementary aspects of the One integral multidimensional process of individual and collective evolution. You don't create your own reality in isolation. We co-create the reality we experience whether good or bad. When a significant number of people co-create reality unconsciously by acting from the conditioned will of the surface ego-self, we face situations such as global warming! If a critical mass of individuals can manifest the truly free will of our innermost Divine souls, we can manifest Heaven on Earth through integral co-creation of our reality.

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Prabhath P is a writer, editor, integral intuitive consultant, artist and spiritual healer based in India. He is now developing Integral Gaia Yoga for individual and collective enlightenment.



Astrology and Free Will: Do the Stars Rule Our Lives?

By Melissa Simonson

When asked to write an article for this exciting issue on 'Fate and Free Will' it only seemed fitting that I would share my insights as a Spiritual Life Coach and Astrologer. As



a practitioner of Western Astrology for more than half of my life, I have often been fascinated with the questions, “At what point do the stars end and we begin?” “How much do I choose my path and how much of my life has already been mapped out within the universe?”

I recently encountered a kind man during my travels and engaged in a conversation with him about my passion for Astrology as well as my strong belief in the nature of our free will. I found him perplexed at my ability to hold both of these concepts within the same framework. I don't blame him. In many ways, Astrology does imply a certain level of Determinism. Just as Baruch Spinoza believed in the universe as one organism, operating as a complex system of cause and effect, I believe in this same Oneness. As the stars and planets shift, that energy causes us to shift as well; however, in this complex web of existence, I also believe that our thoughts and actions affect the stars. As Quantum Physics moves further into the understanding that even the atom, at its most basic level most closely resembles a thought, we are coming to realize that we create our own reality. Even if the energy of the shifting planets is creating a strong impulse to follow a certain path, we can always choose another course, no matter how difficult it may seem to shift direction.

Astrology has not always been perceived in relationship to free will; however, dating back to the 3rd Millennium B.C.E in ancient Babylonia, priests used astrology to determine the will of the gods. Along with the sun and moon gods, they believed that five gods of the Babylonian pantheon ruled each of the five planets they recognized at that time (Jupiter, Venus, Saturn, Mercury, and Mars). By empirically studying the relationship between the shifting planets and the happenings on earth, they believed that they could predict the occurrences that the gods were going to bring about. Thus, Astrology was a means to prepare for their fate.

Following a rise in the scientific study of Astronomy, Western Astrology began to spread into Egypt and Greece where the Zodiac as we know it today was developed and a complex analytical system began to form. During this time, the origins of Medical Astrology were formed as well as the ability to look at the individual

horoscope to determine how the heavens were affecting the fate of a single person. It was the Arabs who took this system and began to move away from merely a fatalistic view of Astrology and started seeing it as a tool to understand favorable and unfavorable potentials within the life of an individual.

While it is still widely used as a predictive tool to better understand the happenings in our lives, Astrology is becoming more widely used as a tool to better understand our human potential. As we continue to develop as spiritual beings living this human experience, we are becoming more equipped to see the deeper meaning behind our connection with the mysterious and beautiful sky. As we have come closer to understanding the Oneness of which we are all a part, Astrology has grown into a tool to better serve this understanding. What are the challenges that we as individuals and as a collective are meant to overcome in order to serve our Higher Purpose? What are our inherent gifts that if developed, will lead to more love and joy for all those who cross our path?

It is these core questions that fascinate me and influence the work that I do in serving humanity. In analyzing an individual's birth chart, I hone in on several specific points that along with my intuition, help me to answer these questions. The South and North Nodes in an individual's chart point to the limiting beliefs and behaviors that one is meant to leave behind and the attributes, that if embraced will lead to more joy for oneself and others. Saturn, who I like to call the 'Tough-Love Planet,' indicates the key challenges that we are meant to overcome in order to achieve our fullest potential. The asteroid Chiron, known as 'The Wounded Healer,' represents the area in our life that requires the most healing so that we may, in turn, help others to heal in that same way. By looking at these points in my client's birth charts and analyzing the ways in which they all connect, I am able to assist my clients in discovering their soul path.

It is from that point forward that it becomes up to the individual to listen to that call or not and to discover the many forms in which he or she can live

out his or her human potential. I believe very strongly we each have a life purpose that we co-created with God/Universe/Spirit/Source before birth; however, I also believe that we have the will to choose something different at anytime. The best indicator that we are in alignment with our soul purpose is our joy, but there is no directive telling us which path we must choose. We decide if we will follow paths that lead to joy or suffering.

In describing the nature of our ability to choose joy or suffering, I am reminded of one of my favorite novels, *East of Eden* by John Steinbeck. Through the character of a Chinese servant named Lee, Steinbeck discusses the translation of the Hebrew word Timshel in the Bible. In the story of Cain and Abel, at one point God uses this word when talking to Cain about his ability to overcome sin. In the King James version of the Bible, the translation of the word Timshel implies that this word is a promise from God that if Cain does well he “Shalt” overcome sin, and in the American Standard version, God gives Cain the directive, “Do thou rule over him [sin].” However, Steinbeck, and consequently his fictional character Lee, sought out Hebrew scholars to discover that this word is more appropriately translated to mean “thou mayest,” and so it becomes that we may rule over sin - it is not a directive or a promise, but rather, we are given the choice.

We may choose joy. We may choose suffering. Whether it be the stars and planets that are affecting us, Genetics, our past choices, or the seemingly concrete wiring within our complex brains, we always have the ability to choose our path. The richness of life comes from our ability to discern and choose that which stems from love and that which stems from fear, that which feeds our joy and that which feeds our suffering. It is for this reason that I love to help people choose their joy, and Astrology is a beautiful tool to assist in that process. It brings me more joy than words can express to see my clients choosing to step into the

Light. And with that, I will leave you with the powerful words of John Steinbeck from his epic novel:

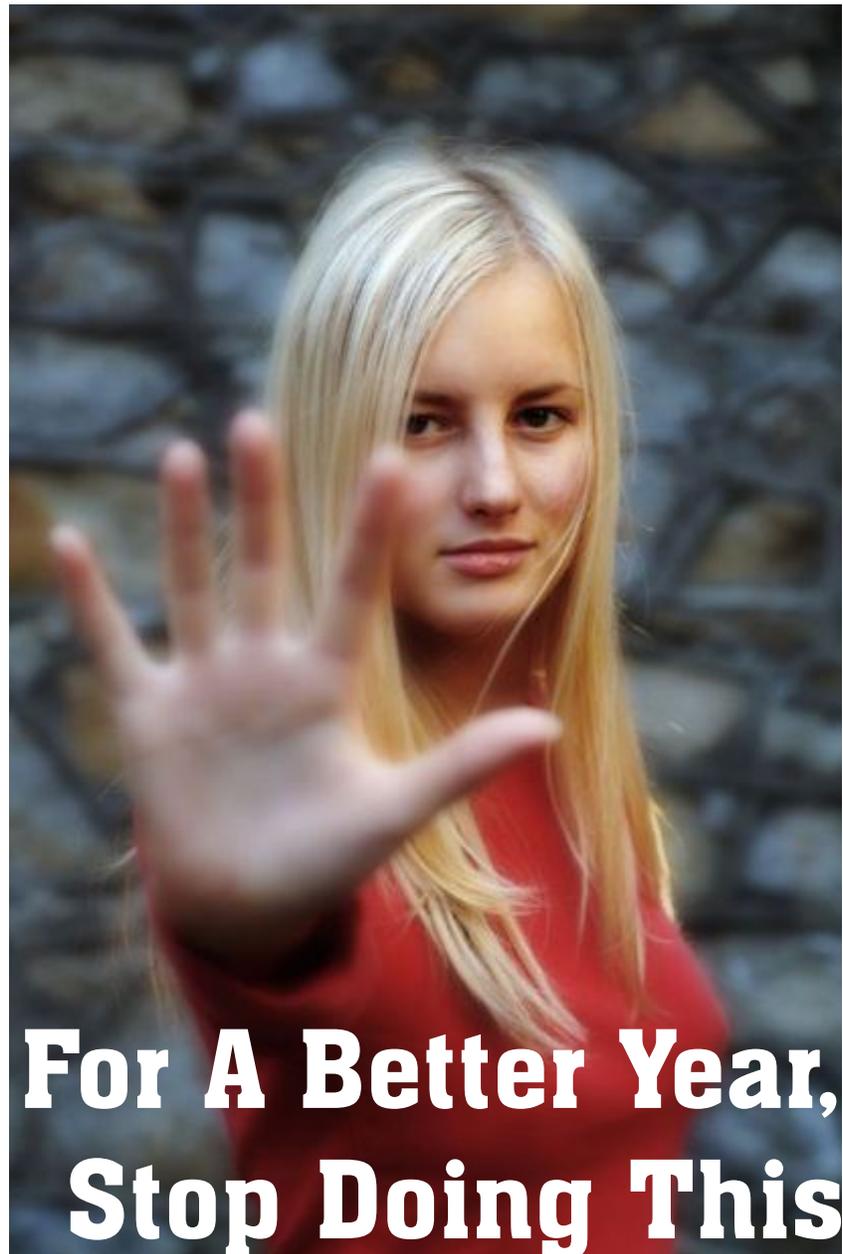
And I feel that I am a man. And I feel that a man is a very important thing - maybe more important than a star. This is not theology. I have no bent toward gods. But I have a new love for that glittering instrument, the human soul. It is a lovely and unique thing in the universe. It is always attacked and never destroyed - because 'Thou mayest.'

Today, I invite you to choose joy, and to serve all those who cross your path from a place of love. Blessings to you on your journey

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As an Inspired Speaker and Spiritual Life Coach, Melissa Simonson combines wisdom gleaned from Zen Buddhism, Astrology, New Thought traditions, both ancient and contemporary philosophies, with a BA in Psychology, to create a safe and accepting space for her clients to explore their dreams, release the beliefs that are no longer serving their Higher Purpose and manifest joy in their lives, NOW. She offers one-on-one and group coaching both in person and by phone.



For A Better Year, Stop Doing This

You hear this being said all the time. It's one of the first things people say when they become interested in karma or angels or taking a positive attitude:



“Everything happens for a reason.”

A sweet sentiment, undoubtedly, it can also be cloying. But could New Agers' most popular sutra actually hold a person back? Here are three reasons why, the weirdest tale of all, and then a

wiser strategy you can use for a better life.

1. Just the Opposite

Yesterday, my friend Jennifer told me about a job she applied for. Although she had credentials galore, someone else was hired. “Everything happens for a reason,” she said with a sigh. “I guess my having that job wasn't meant to be.”

Sure, being a good sport is preferable to the alternative. But every belief has consequences. What results from emphasizing the idea that “Everything happens for a reason”? Let's play detective.

In our example, Jennifer was so easily satisfied with her pat answer, she never stopped to learn from her experience why she didn't get the job.

Knowing Jennifer as I do (and loving her, too), I'm pretty sure that I know why she wasn't hired. She may be the biggest chatterbox I've ever met. If I'd been a fly on the wall during her job interview, I would have worn teeny-tiny earplugs.

Without questioning her experience, Jennifer won't learn any time soon “the cosmic reason” why things in her life so often turn out wrong: To put it bluntly, sometimes people would like her better if occasionally she would shut up and listen.

But too much “meant to be” keeps life from being informative, and not just for Jennifer. “Everything happens for a reason” can make a person live more shallowly, not more deeply.

Ironically, people who believe in “Everything happens for a reason” tend to be highly motivated spiritually. Bringing out that sweet old saying doesn't really help a person have a better life, no more than a constant diet of cookies. That's just one reason why, whenever someone tells me, “Everything happens for a reason,” my inclination is to say 'Phooey.'

2. Manipulation

Do you want to encourage other people to manipulate you, even cheat you? How about being inspired to choose mediocrity? If that's your goal, you couldn't choose a better slogan than “Everything happens for a reason.”

Let's say that you decide to buy a new car. Right after deciding, you see a car commercial from the Acme Auto Dealership. Ooh, that's a sign, right? So you hurry down to the Acme and buy the first car you see, lemon or not.

Sure, if life gives you lemons, make lemonade. But maybe a lot of those lemons are optional. Do you use the brains that God gave you? Before making a decision, don't say “Hooray for

whatever shows up.”

Instead, try, “Question reality.”

Back at seeing that TV commercial in our example, sure it could be interpreted as a cosmic directive, “Yes, buy a car from Acme Auto.” Or it could mean “Yes, buy a car from somebody.” Alternatively, the big message in seeing that commercial could simply be, “Acme Auto sure makes a lot of money by advertising.”

What is advertising, really, but a merchant's hope that after making his sales pitch, everyone who hears it will nod passively and say, “Yes, I am meant to buy this.” Or, in the spirit of a phrase we all know so well, “Surely a great business opportunity is here, or I wouldn't have seen it on TV.”

3. Over-Subjectivity

Since 1970, I've been a spiritual teacher. For longer than that, I've been a spiritual seeker. In both roles, I've often needed to balance subjective interpretations with objective common sense.

The more spiritually motivated a person is, the easier it is to go over-subjective, where everything becomes a parable about “My feelings, my wishes, my spiritual path.” Is your game plan to go off the deep end, at the subjective side of the swimming pool? Then you couldn't do better than constantly think, “Everything happens for a reason.”

Here's the wildest story in my collection (so far). A Japanese student, 'Junko-san,' told me this:

“I ride to work on the J-R Line. Accidents happen there almost every week, with people driving into the moving train, and so forth. Sometimes many people are killed in one week. And I've been making this trip for years.

“Well, this week I was going to work and hearing about the latest death when the meaning suddenly struck me. All this is just a message from the Universe. This job is killing me. Now I know why all

those people were dying on my subway line. It was just the Universe telling me that I've got to find a different job.”

As if! Go tell the families of all those dead people that really, the deaths weren't real, or else they didn't matter much. It was all a Divine message to give Junko some career guidance.

Faith in Divine Order is wonderful. It becomes even more wonderful when accompanied by discernment.

THE ANTIDOTE

As beliefs go, “Everything happens for a reason” is, frankly, too darned intoxicating. It makes a person feel happy. Used often, it can turn downright addictive. 'Happy hour' can turn into the equivalent of a three-week drinking bender.

The sobering truth is that even though “Everything happens for a reason,” free will matters just as much. At least, it can.

Determinism God's will - will always be a factor in human life. But free will can be at least as important, only it doesn't happen quite so automatically. Nobody can force you to set goals, to make responsible choices, to actively co-create with God. When things don't go as you plan, nobody can force you to show some gumption and keep striving.

My passion in life is using (and teaching) *Deeper Perception*. That means Face Reading, Aura Reading, Skills for Empaths.

Any form of *Deeper Perception* will help a person to find out what is really happening in life beneath the surface. When you've really gone deep, you make contact with real otherness - what it's like to be a person who is completely different from yourself. Making contact with otherness can be a shock, like any other strong dose of objective reality. Who is this person really? It's a bracing drink, like a natural Tang for the soul.

Reading people deeper has become my personal antidote to too much “Everything happens for a reason.” Whatever you do to get more out of life, don't just sip the Whatever Cocktail.

Imagine this life review: When Joey goes up to St. Peter at the pearly gates, all the scenes from his incarnation flash before him. Joey scratches his head; then he does a double take. Eek, he doesn't have a physical head any more! Instead, he's a brilliant light body.

Anyway, Joey still is puzzled, whatever kind of body he has. So he complains to St. Peter, “I don't get it. I always tried so hard to do what was right. Whatever happened, I accepted it. I believed, “Everything happens for a reason.” My entire lifetime, I kept waiting to understand the big reason for my life. But now that I'm here, I don't think I did as much as I could have. Is that fair?”

St. Peter might answer, “Heaven is the place for big answers. Earth is where a soul finds small answers. On earth, you can also choose your big questions. Next time you incarnate, don't try to pretend that you're still in heaven, hanging out with God's big eternal answers. Live your human life as if it mattered. Human evolution is a cycle of asking, then taking action and paying attention to what actually happens.”

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Rose Rosetree is America's leading expert at Deeper Perception, with unique systems of Face Reading, Aura Reading and Skills for Empaths. She offers telephone sessions for healing, better relationships, and spiritual growth.



Divine Will v Free Will

By Sarah Ince

(This article is entirely channelled through Sarah Ince)



During this great time of great shift, we are moving through a deep transformation on a global and universal level. During the experiment of free will versus divine will (which is actually our highest path anyway!), the power has split into a dualistic form, keeping us in endless cycles of karma. The time now is all about the movement OUT of duality. The power shifts are taking place at this time, although there are power struggles and battles on many levels. It is requiring us, to step into our full mastery in order to navigate the drama of duality and find our

destined path of unity, harmony and grace. This is a unique time where we may see beyond the veils, and know our true self in all its magnificence. This will be the focus - one of personal transformation - awakening to your full potential, grounding your magnificence within your reality, tools of transcendence, recoding of awakening, moving beyond duality and on to unity in daily life. The messages will raise all levels of your being out of the sleep of subconscious mind to a fully awakened state, so that you may practically use all of your potential in daily life. Bringing the codings to this level will allow for manifestation of your dreams, as your body, vehicle of light becomes the dream.

Free Will

Free will is our opportunity to learn as creators separate from God, and a very big lesson to eventually

find out that the choice in our free will is of positive and negative forces. Which do we want to align our soul to? The energy forces here on earth give us that choice, as it is of a mutable substance that can go into either polarity. Once we have mastered this, we become spiritual masters.

Along the road back to God, you will discover that what is best for you, and what God wants are one and the same thing. If you live your life aligned to the higher path, it is your path, your highest possible potential. Why live anything less? You may say you want to discover and explore, but truly, the diversions are just that, you are not living your life at the core centre, and in truth wasting time and resources. It is not only about being obedient to God, as being obedient to God is also allowing your higher self to guide your life and show you what was meant for this incarnation. That way, you can keep at the core of what it is you need to do, and eliminate all that is not part of it. When you keep to your path, you will find it flows, and you feel adequately challenged and stimulated by life, yet at the same time, open hearted and full of a peace no matter what.

If you choose to allow your lower self to rule, your ego, then your higher self waits patiently until you have realized that you end up holding nothing but emptiness, like sand through your hands. Are you ready to live the highest path?

Rightness/Feeling - Higher will/lower will

Regarding each decision you make in your life, you will feel something different as you attempt to merge with it, and bring it into your life. Does the feeling add to your overall energy, and expand you?

Rising beyond fear is necessary in truly deciding here. Sometimes we can be afraid of change, sometimes even have a feeling of being undeserving, which will then naturally reject what would otherwise be wonderful opportunities that you had dreamt about and attracted into your life.

With some situations, what we attract does not always look quite the same once it has come through the dimensions and manifest. It is all dependant upon each person playing their role as decided upon within the higher planes of life. Once we reach the dualistic worlds, we have free will, and can decide to follow the higher plan, the self-will (which may contain some of the higher plan), or some random mix of the two, dependant upon which we are following more at the time. Some souls flit between the two, wanting the best of higher will and best of self-will, so they still feel some control - an ability to decide their own destiny, rather than feeling it is pre-ordained and decided for them. It is a struggle of duality against unity. This is why there is so much focus on order in the world, as due to the struggle mentioned, we often see a chaotic world. To maintain our own sense of equilibrium means staying out of the duality.

What if you have a plan with someone who is exercising self-will, which disrupts the joint plan? The only thing I have found is - either have the patience to wait, or move on - asking Spirit to bring to you the person/people who are to move into this space so that YOU may still complete your mission.

Each of us comes into this life and past lives, in order that we may fulfil our destiny. We are initially provided with exactly the settings in life that we need to have the experiences. We do not need to suffer, although along the way, we may, through free will, choose to experience other than the divine design.

Unity, once chosen, bridges to spirit, healing ALL separation. Unity is a state where duality is surrendered in favour of being your divine self. The process of separation is founded upon the free will choice, and still requiring this for your life. When you move into unity, there is only divine will, perfection, love, light and harmony. Nothing detrimental exists. By surrendering free will, the one only true will becomes operational, opening up the sweet divine core of the fountain of life within your soul.

Instead of having the faculties to see yourself outside of yourself - looking back, or even to see

yourself as a separate individual from the rest of life - you simply become LIFE. No questions exist.

Living your own truth (of your thoughts and feelings; by free will you have the choice to live less than your totality, which is not really your truth), may manifest chaos as it is not of your perfected harmonic.

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Sarah began channelling in 1995, and has merged with source in a profound divine experience on two occasions, once in 1998, and again in 2006. She channels 'The Nameless Ones,' Mother/Father God, and Jesus/Yeshua.

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Spiritual Poems

The Day I Lost You

Fate came looking through my window
To check on the seeds I had sown
She found the trees were bearing gold
So she knocked upon my door

I was blessed twice that day
And Fate kept bad tidings away
I sowed some more seeds of love
And blessings kept falling from above

Confident and secure in my good luck
Unaware bad times could also knock
I became heartless and cold
and my garden stopped bearing gold

Fate decided to tempt me as a test
She sent "you" to me, her very best
She was going to give me one last chance
But I continued with my selfish stance

The awful day came when I was made to see
You reflected the ugly side of me
Fate could hardly take it any more
She knocked once more upon my door

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The Orphan

They filled his world with utmost bliss
Then left without a goodbye kiss
Now that he is all alone
His little heart has turned to stone

Too soon, foster parents came
But their love is not the same
He is rejected again and again
As he searches for love in vain

Suddenly he is a full-grown man
And Fate has one more ugly plan
He became a slave to make ends meet
With barely enough food to eat

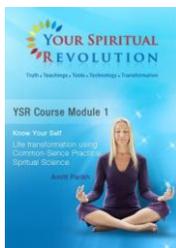
The table of life does a slow turning
He finds himself with wife and children
His heart was beginning to melt
The cruelty that Fate had dealt

He found in his wife, the love of a mother
Devotion flowed from his sons and daughters
A wonderful world was beginning to unfold
The seeds he had sowed were bearing fruits of gold

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*"If you can start exploring possibilities,
you will start surpassing all known boundaries!" - Amitt*



What you will explore...

- ♦ Know Your **Self**
- ♦ Your **Desires & Dreams**
- ♦ **God** is Everywhere
- ♦ **Truth** leads to Peace & Happiness
- ♦ Art and Science of **Balance**
- ♦ Brain is in the **Mind**
- ♦ Love and Fear - **Duality** in Design
- ♦ **Awareness** Transforms
- ♦ Consciousness + Energy = **Reality**
- ♦ Law of **Attraction** - Act to Attract
- ♦ **Freedom** of Choice - Evolution vs Entropy
- ♦ Law of **Karma**
- ♦ **Time & Space** - An illusion
- ♦ **Psychic / paranormal** abilities exist
- ♦ As above so below: Microcosm vs **Macrocosm**
- ♦ **Change** is the only constant - **Evolution**
- ♦ Enlightenment - **Immortality**
- ♦ Law of **Abundance**
- ♦ **Illusion** vs Reality - Analyzing Dreams

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- Significant improvement in **financial condition**
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- Significant improvement in your **relationships**
- Aligning your thoughts & activities with **life goal**
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- Development of dormant **psychic abilities**
- **Lucid dreaming & astral travel**
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YSR Course will be conducted by **Amitt Parikh** - Executive Editor of Your Spiritual Revolution eMag, founder of Spiritual Science & Research Foundation. He is an author, poet, mystic, IT consultant, translator, and a professional trainer. For questions and free guidance related to YSR Module 1, please **email** amitt.parikh@gmail.com with subject line 'YSR Module 1 Guidance'.

Health, wealth, peace, happiness, satisfaction, truth... Aren't these the very 'things' you are trying to achieve out there?
YSR Course will help you remember them all in abundance, by guiding you to your true Master - your true Self!