

YOUR SPIRITUAL REVOLUTION

Volume 3 Issue 2 February 2009

A muscular man in a dynamic, forward-leaning pose is the central figure. He is set against a vibrant, cosmic background featuring a large, glowing planet on the right, a bright sun or starburst, and various energy fields, including blue and yellow light trails and translucent blue spheres. The overall scene conveys a sense of spiritual power and movement.

The Highest Relationship

Intermezzo

The Work



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Published By

Spiritual Science & Research Foundation

www.BeEnlightened.org

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24, Shree Hari Nagar, Opp. Palika Nagar,
D. Z. Patel School Rd., V. V. Nagar Road,
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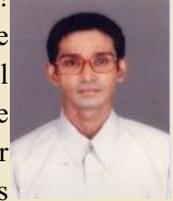
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Message From The Editor

Happy New Year to the readers!
We were not able to publish the January issue due to technical problems of the website. We have resolved the problems and Your Spiritual Revolution E-magazine is again ready to assist you in your spiritual evolution. In this first issue of 2009, the cover story examines how relationships can move from conflict towards communion. In different cultures all over the world, people are finding it difficult to bear the conflict and pressure in personal relationships with partners, family members and co-workers. This turmoil is worsened by the stress that arises from the inability to cope with the sense of time speeding up and the proliferation of technology. It is reflected in the violence that plagues humanity and the destruction of the planet. The cover story explores how we can transcend the endless personal conflicts and the larger cultural, religious and political disagreements by realising that the Divine dwells within every living being. Then we can see the whole world and each person in it as a part of us and we will experience the sheer joy of being in the Highest Relationship of all.



Other topics in this issue include, the importance of starting a movement of Love when faced with terrorism, a channelled message about the need to move beyond soulless occupations to manifest creative and uplifting work, an attitude of gratitude as a light amidst the darkness, a look at the current interval of two world ages and the second part of the series on understanding the deeper significance of numbers. There are also inspiring poems.

Love and Light,

Prabhath P

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THE HIGHEST RELATIONSHIP

By Devrah Laval

I've recently spoken with many people, all from very different cultures, who feel that they can no longer bear the conflict and pressure in their relationships. Such complaints are reflected in our divorce rates, which are unprecedented, and they beg the question, "What is the real purpose of relationships?" Many people are coming to recognize that relationships based on externals such as sex or power or just not wanting to be alone, are like houses built on shifting sand. They won't hold up when the waves and the storms come. The delirium of romance can be intoxicating, but once the honeymoon stage has passed, unless we deepen our connection to the real essence of Union, we will only flit to other conquests, never experiencing the deep rewards



arising from relationships based on Love.

The turmoil of personal relationships is exacerbated by stress arising from the acceleration of time and the proliferation of technology, and is reflected in the violence and wars in the world, and in the destruction of our planet. The Hindu scriptures speak about this age as Kali Yuga - the dark age of man, or the age of quarrel and confusion. At such a time, all of our ego tendencies are amplified, which is problematic on the one hand, but also poses a unique opportunity for our souls to evolve more rapidly than they would otherwise. Just as coal, when subjected to intense heat and pressure, can become a diamond, the human being, subjected to the intensity of Kali Yuga, can become one with the God Self, which is the true Source of relationships.

Our soul work starts with the ones we love, the ones who know our deepest secrets and our worst fears. These close relationships are the primary stepping-stones to learning how to love unconditionally. But bringing love and compassion to one another in these dark times is more easily said than done. So often our insecurities, disappointments, or expectations that the other person is responsible for our happiness, can get in the way. No wonder we want to run from or push away the relationships that most strongly reflect our darkness.

Just as Kali Yuga is an opportunity for the individual soul to evolve, it is also an opportunity for our relationships to evolve as we learn to embrace one another and to have compassion for the human foibles that we all share. Those who have been in long-term relationships know the rage, hatred, and disconnection that can arise as we mirror each other's deepest pain. How can we bridge such separation? How can we become one with those we love, whether they're partners, family members, or co-workers? How can we transcend the endless conflicts about finances, domestic routines, and intimacy issues, never mind the cultural, religious and political disagreements that create even more reasons for us to push one another out of our hearts? Communicating our feelings about these things may not necessarily help, if they are not shared in an openhearted way, or if the other is not ready to hear what we have to say.

Perhaps we can take our cue from the great 13th century mystical poet, Jalaluddin Rumi, who said: "Wherever you stand, be the soul of that place." This applies to our hearts as well as our physical surroundings. It expresses the highest relationship to others and to Life itself. When we can be the soul of the relationship that we are in, when we can remember that this person whom we might be upset with just wants to be seen through the eyes of Love, we can change the lens through which we are looking, and instead of seeing only the daily problems and accompanying flaws in the other, we

can see God.

We can often shift out of our dissatisfaction in relationships when we focus on what we are grateful for rather than on what is lacking. When we focus on our complaints, we will reinforce others' shortcomings, but when we focus on love, gratitude, and forgiveness, then we empower the other. This applies not only to our personal relationships but to our world as well.

Another practice that helps transcend blame and hatred in relationships is to ask ourselves this question: "What part of me is he or she expressing right now?" This is an effective way to own the deficiencies that we so often project onto others. None of us is free from darkness. This contemplation can help us develop compassion and love for the other because it reminds us of our own foibles. When we keep even one person out of our hearts, we keep out everyone, including ourselves.

I recently heard a talk by the scientist, Gregg Braden, author of *The Divine Matrix*, who spent twelve years deciphering a code embedded in the cells of all life forms. He discovered that the elements of our DNA are linked to letters that form the words, "God eternal within the body." This astonishing finding means that all living beings, intentionally coded in the same way with the same message, are a part of one another and all of life. If we as a species were truly able to embrace the power of this decoding and what it says about our true nature, we would be eternally at peace. The gurus and masters have known this for centuries and have constantly been reminding us that God exists in every living being. Up until now, we have given this message a religious connotation, which has often created more division than harmony. But perhaps this scientific revelation can cross religious boundaries and inspire us to transcend what separates us, to look beyond the outer form of partners, families, friends, communities, cultures and the planet, and see the deep truth that God dwells within every living being.

We can treat our Earth as a part of God and together we can honour the Source of all life and expand this relationship to every realm. Focusing on the Love of God that abides within us helps us see the God in others. We can be the soul, or the love, of every relationship that we engage in. If enough people had the courage to set their ego aside, put others first, and back down from power struggles, we would create a chain reaction that would transform our world. These words of Sakyong Mipham Rinpoche, a Buddhist Lama, can serve as our guide: “When you're happy, I'm happy. That's the formula. First you, then me. That's all happiness is.”

Where there is Love there is no ego. When we make our love stronger than our greed, we will be able to protect each other as well as our Earth. When we make our love stronger than our judgements, we will listen to and understand the unique beauty and intelligence in others. When we make our love stronger than our pride, we will see God in everyone,

even our enemies. When we make our love stronger than our criticism, we won't sweat the small stuff. When we make our love stronger than our doubt, we will never feel alone. We will have a constant relationship with the Divine One, who knows our every thought, word and deed, and is closer than our own breath. Every day, we will see the whole world and each person in it as a part of us and we will experience the sheer joy of being in the Highest Relationship of all.

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exploration of 2 and creative endeavor of 3 it comes to 'rest'; the foundations are laid, concrete grounding is done and there is a feeling of safety, security and stability in this initial achievement. And in the comfort zone of these 4 'walls' is the beginning of 'identity' - of that which you have established; that you are; and in deeper terms the introduction of the human ego or id. And here lies the innate tussle within number 4s! They excel in giving structure and definition; or become rigid and limiting instead! They swing from creating healthy levels of security and stability to stagnating within it! They wonder incessantly whether to rest in the accomplishment of who and what they are, or make further breakthroughs!

Each number has its strengths and challenges and your role is to move into its balanced energy in personal ways. A balanced 4 energy is persevering, loyal, practical, organized, and efficient in putting ideas into form, creating foundations that last and managing material and financial interests with great foresight. In imbalance it can swing to numbing its emotions and becoming dull, dreary, thrifty, cautious, uncompromising, narrow minded and lost in detail.

Other influences: **Cancer**, the fourth zodiac sign represents the four's need for comfort zones and hints at their softer underbelly! **Tarot's Emperor** reflects the empires 4s can establish and their inborn regality and larger foresight toward this; the **Death card** hints at the need to keep moving on - indeed telling them that it is through constant change that they can paradoxically best ensure the stability of their empires - within or external! **Uranus** makes sure 4s don't stagnate, by brushing onto them its erratic touch and the **setting Sun** which also symbolizes 4 (as different from the rising sun symbolizing 1) tells them that the sun and its power is finally closer to earth in actualization and rest. For the new day that must then begin at 5.

You are number 4 if you are born on the 4th, 13th, 22nd or 31st of any month. Its energies intensify if

your entire birth date (day, month and year) adds to a 4. Its energies also play out in your life if your name totals 4 numerologically.

THE TRANSFORMATION OF FIVE

When patterns are broken, new worlds emerge.
- Tuli Kupferburg

Five is the number that wants something 'more' but isn't quite sure what that more is; only that it's beyond all that is known and tangible! And this is only natural, for 5 represents that quintessence which is literally the fifth indefinable 'essence' beyond the 4 known elements of material life. And thus inherent in number 5 people is their lifelong yearning; making them the seekers and travelers, always on the go, looking for constant stimulation - or change! As 5 also symbolizes the head or human consciousness, it bestows on the simpler four-limbed man (with his clear-cut focus on the material world), the abstract mind and all it entails from worry and unpredictability to which 5s are prone, to versatility and the higher thought process which 5s easily display.

So come conjure with me the complexity of number 5 as it begins to move once again after the rest of 4. Conjure the disruption it entails in breaking free of all that is tried and tested; conjure the changes it must encompass to prevent the risk of stagnating in comfort zones; whether it is perceived as unsettling or challenging, destruction or release, 5's destiny is in this moving forth. Also conjure the coming together of many new forces that make up number five and understand why it's known as a number of groups! Thus do fives have the knack to mix easily with various kinds of people and thus they are empowered with distinct communication skills to better enable this interaction!

A balanced 5 energy is versatile, multifaceted, freedom loving, independent, adventurous, adaptable, diplomatic, non-judgmental and forward thinking! In imbalance it can swing to rebellious, mercurial, over-indulgent, insatiable, restless, thrill

seeking, and indeed ending relationships or commitments erratically and impatiently!

Other influences: Numerologically yin 2 and yang 3 come together in five and in this mating is found their personal chemistry and magnetism! **Mercury** lends fives its mental acuity, quick thinking and wit; and its quick silver changeability! **Leo** the fifth zodiac sign reflects their flair to live life king size! **Tarot's Hierophant** depicts their love for learning and constant upgradation; their intuitive knowing and connection with their higher mind. But it is the **Temperance card** that portrays fives at their authentic best - for in having found that quintessence and being transformed through its alchemy, they move into a finely blended inner balance and its highest potentials of outer expression! This is symbolized by the **five-pointed star called the pentacle**; with its head in 'spirit' and its 4 limbs expressing on the material plane - the pentacle symbolizes the highest human expression!

You are number 5 if you are born on the 5th; 14th or 23rd of any month. Its energies intensify if your entire birth date (day, month and year) adds to a 5. Its energies also play out in your life if your name totals 5 numerologically.

THE EXALTATION, EXULTATION AND EQUILIBRIUM OF SIX

What is art? It is a response of man's creative soul to the call of the Real. - Rabrindranath Tagore

Six can be best described as heaven on earth! Symbolized by the six-pointed star with two inverted triangles depicting the ancient hermetic truth '*as above so below*', number six is at its purest **spirit mirroring itself in matter**. It is Divinity's creative endeavour and expression on the material plane and the beauty and harmony of form that consciousness chooses to adopt in tangible ways. $1+2+3=6$ and this mating of spirit and matter; this harmonious blending of spirit, soul and body makes it a number of lasting unity, marriage and loyalty! It is Pythagoreans' second 'perfect number,' as 3, the

first number of form and perfection evolves to its higher symmetry, balance and beauty only at 6! Perfect also as creation was complete on the sixth day! Thus number six people are all about love, harmony, creativity and abundance - they enjoy luxury, revel in love, prioritize family, beautify hearth and home and maintain in all areas of life a personal balance and equipoise. As the number of divine expression sixes are inherently creative with their communication stemming from the heart, and wisdom (not intellect) being the font of all expression.

So come conjure with me the emergence of six's purified consciousness as it re-stabilizes and restores the equilibrium disrupted at 5; view its gift of finding solutions and skillful issue resolution; feel its sense of relief in moving forward; experience its exaltation at arriving into all things bright and beautiful! Understand why six is considered lucky and yet know this state of perfection is an oasis; beautiful and bountiful yes; heaven indeed but a divine appetizer only to the cosmic order of 8 that consciousness further establishes and experiences on the tangible plane! Thus six is warned not to be self-indulgent; thus do they run the risk of stagnating at having it all; for if six can be experienced as a wondrous bridge, they can paradoxically have more than everything!

A balanced 6 energy is loving, kind, generous, harmonious, peace-making, devoted and protective; it is also creative, expressive, wise, balanced and responsible. In imbalance it can swing into its moody blue shades of misplaced idealism, self-indulgence, stubbornness and possessiveness!

Other influences: Numerologically 2 (unity) into 3 (father, mother and child) equals six, making it the ideal number for harmonious relationships of all kinds; **Venus** imbues sixes with its magnetism, loving softness and spirit of abundance with **Virgo** lending them its inner beauty, selflessness and sense of service - an ideal combination with significant others! **Tarot's Lovers** card goes a step further and

deepens the message that self-love is the basis, and relationship with divine self, the foundation of all outer interactions; and its badly maligned **Devil** card is only a parody of the Lovers image - depicting that once its self indulgent chains and fears are released the Devil card becomes exalted Lovers indeed! Its secret message is that every action stems from love, or its flip side fear; and it asks sixes to become aware that only love works!

You are number 6 if you are born on the 6th, 15th or 24th of any month. Its energies intensify if your entire

birth date (day, month and year) adds to a 6. Its energies also play out in your life if your name totals 6 numerologically.

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Let Us Start The Movement of LOVE

By Ellaeenah

Beloved Friends, around the world, none has not been affected by the events that rocked Mumbai at the end of November, 2008. About four years ago my Cosmic Master, Jade Fire, had channeled a book (*And Jade Fire Said*) of universal wisdom through me. Some of you have already read this on my website. In the light of the recent attacks, I re-read this book to help me to work through my initial rage against what I perceived as 'injustice.' I present a few edited extracts in the hope that they will allay



your pain, and gently transform you into greater understanding.

“And Jade Fire said: Anger is much misunderstood. If you were not angry with that which goes against universal laws, dear one, you would not make an attempt to change and evolve. Anger is good when it fulfills this purpose. It is proof of your ability to discern. It is when anger is used to cause harm that it turns to rage, staining your soul. Rage is unexpressed or suppressed pain. When you use anger to cause harm it means that you hold another responsible for making you feel that way. Anger serves a useful purpose, little one. Do not misuse it, and stop others from doing so. Do not

judge others from your perspective. Respect everyone's individuality.

To accept your rage, and then let it go, you must first acknowledge it. Give permission to your rage to sit opposite you, and talk to you. Ask: Who hurt you? When did they hurt you? What did you feel? Why did you feel that? What was its lasting effect upon you? Let your rage express itself completely. Hear it without judgment or condemnation. Only then can you accept that this rage stems from your own pain, your own guilt, your own feeling of inadequacy, your own refusal to acknowledge yourself for who you really are. Only then will you understand that this rage is turned outward to prevent it from destroying you internally. Only then will you see that the root lies in the lack of love you feel for yourself. And only then will it have worn itself out completely and forever.”

I have understood through this that all rage stems from lack of love, respect and acknowledgment. When the emptiness within reaches levels that causes reactivity to go beyond controllable limits, the rage is expressed as acts of unbelievable violence. The greater the pain, the more violent its expression. When you understand this, Jade Fire's words relating to forgiveness touch a deep chord within you.

“You so often ask the Divine Creator to forgive you. It may surprise you that you don't ever have to ask for it. You have to forgive yourself, and true forgiveness means accepting and understanding your mistakes, taking responsibility for them, without guilt, being joyous at being given yet another opportunity to improve yourself. That, my dear child, is forgiveness that comes from perfection. Forgiveness is an understanding of the perfection that is trapped within and contaminated by the imperfections of physical embodiment. Forgiveness requires looking beyond the obvious.

I am not asking you to be blind to faults. Dearest one, all humans commit mistakes. Mistakes are your greatest teachers. How do you define success?

Being right always is not being successful. Being wrong, and knowing why you are wrong, and becoming aware of the scope of improvement, is true success. Acknowledge the physical trappings of your soul and gently seek to overcome them. This same you do for all, for is not another soul only an extension of your own? When you say ‘I forgive you,’ it implies your acknowledgement of the perfection of your soul and that of another.”

These words have resulted in a huge shift within me. Each time I use the words ‘I forgive you,’ I am acknowledging my gratitude to the other FOR GIVING me the opportunity to understand myself at a deeper level, by seeing my face in the reflection the other provides for me. This has been a lesson of illumination for me, as I now strive to respond to all situations, however severe they may be, and to react as little as my human foibles permit me. Jade Fire explains this, so succinctly and so simply.

“To Respond is to have a soul interchange. Reaction is a physical and mind-controlled outcome. It is aware of only the physical mind and physical body. When you respond you are in full awareness of the soul of another and your own soul responds accordingly.

To take responsibility is to always view yourself as a soul, and all others as extensions of this. When a harsh word comes out of your mouth, and you take responsibility for that harsh word, that harsh word will not be uttered again, for there will be no blame apportioned to another. You will turn inwards and find out the true origin of your pain that was triggered by the words and actions of another. Responsibility is an inward process. Reaction always looks outward. To take responsibility, you must have the courage to know your soul very well.”

I have now come to understand that blame makes you smaller than you are. It takes integrity and courage to accept that nothing is caused without everyone playing a role in it. We often tend to deny this accept of responsibility when acts involving mass harm are committed. No, we certainly, do not

need to take the responsibility of another's choice to lift a gun, but we must take responsibility for having been blind and insensitive to the pain of some people for a very, very long period of time. Besides, as beings of Light, we cannot ignore the very important aspect of soul contracts.

“Sometimes we may find that another's contract is very severe or certainly not the kind in which we would have entered, but this does not give us the right to hinder its completion. The soul contract details the reasons why the soul has taken birth, and this makes it a very sacred agreement.

The physical soul that takes embodiment is subject to the onslaught of the physical mind and body. On occasion, this onslaught is so severe that the connection of the physical soul with the higher soul becomes very weak, the veil of forgetfulness surrounding the physical soul getting so thick that the physical soul does not perceive its link with the higher soul at all. It begins to believe in the illusion of its physical body and mind.

The higher soul is that part of spirit that does not take physical embodiment but remains in pure spirit form without being affected by the veil of forgetfulness. It holds within it all experiences that the physical soul has evolved through in past lifetimes, retaining the purity of the Divine Soul of which it is such a vital part. Intuition is the voice of the higher soul. The stronger the connection, the louder and more clearly will you hear this voice.

A soul takes on physical embodiment to experience the physical validity of truths that it knows as spirit. It sets up a program for testing and assessing this knowledge. Some tests the soul is able to meet with ease; others leave it bruised and, at times, shattered. At such times the soul searches for someone to blame. But, little one, the tests themselves do not wound. Resistance to them does.

The higher soul always remembers the contract, and the choices and tasks that are a vital part of this contract. The physical soul, being subject to the veil

of forgetfulness, puts up resistance to these tests. When the link is firmly in place, the physical soul will recognize the test and meet it confidently, knowing that with the help of the higher soul, it will emerge stronger and richer.

Life's tests may be big or small, but they are all chosen by you. There is no force compelling you to learn and experience. There is, thus, no blame to be apportioned. There is only responsibility, as the soul acknowledges that it is solely in charge of every test that comes its way.”

Dearest friends, as Light Workers, let us take individual and collective responsibility for the absence of omnipresent love between us and our brethren. War and violence have never been able to provide an answer to aggression. If that were so, universal peace would have prevailed after the two world wars, after Vietnam, and after Iraq. LOVE is the only reply we can give to war, terrorism, and bloodshed. Love does not make us passive and inactive. It does not involve ‘taking things lying down’. It is the most dynamic and proactive process of bringing about world changes without judgment against anyone, and blame towards none. Let us start LOVE as a movement, and let it begin with one person - YOU.

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Ellaeenah is an intuitive spiritual facilitator, teacher, writer and life counselor whose practical insights into Ancient Wisdom have empowered innumerable people. Her work extends into the realms of the Spirit-Psyche, such that life is directed by consciousness of thought, word and feeling, to bring about self-empowerment through complete recall of one's Godhood.



INTERMEZZO

By Amara Rose

The notes I handle no better than many pianists. But the pauses between the notes - ah, that is where the art resides!

- Pianist and composer
Artur Schnabel



Walking between the worlds. Once the sole/soul province of shamans, it now describes our global evolutionary dance.

We're all in this corridor together: at the end of one era, not quite at the beginning of the next. We're threshold dwellers; what human potential pioneer Jean Houston, PhD, calls 'people of the parenthesis.'

The widespread upheaval we're witnessing is the tumult of tunnel travel: it *looks* like complete collapse. But it's not the end of the world; only an

upgrade in operating systems. And each of us is tech support.

In *Money and the Crisis of Civilization*, Charles Eisenstein writes, "The crisis we are facing today arises from the fact that there is almost no more social, cultural, natural, and spiritual capital left to convert into money ... On a personal level, the deepest possible revolution we can enact is a revolution in our sense of self, in our identity."

Remember that the Chinese characters for 'crisis' and 'opportunity' are the same. This engenders a wealth of possibility for reimagining our lives.

We are being called into greatness, and Dr. Houston says we have little choice but to say yes: "We are being rescaled to planetary proportions. The world mind is taking a walk with itself."

As Earth stewards in the interval between world ages, we have the singular opportunity to become social artists and architects of a new world. Social artists, explains Houston, energize stories and rituals; they become 'radical empaths.'

We do this by expanding our capacities, "tapping into the vast arena of creativity that is going on all the time beneath the crust of consciousness." Spelunking in the caves of our own creativity, social artists are evocateurs, calling forth the best in others.

Social networking is one burgeoning spoke on this evolving hub of connectivity. New media strategist Chris Brogan states right on his blog, "My goal, every single day, is to be helpful. It's a definition that drives action."

As the world story shifts, we're also crossing the great divide of 'otherness,' awakening to the realization that, as *Reconnections* channel Daniel Jacob succinctly puts it, "We are not one of many, but many of one." We're now primed for extensive space travel, plumbing the rich realms of inner space as fervently as we've explored the cosmos.

As we walk with courageous (that's creatively courageous) focus into the future we want to animate, we can luxuriate - though not grow lazy! - in the lull. It's a reclaiming time, remembering our ancient future ... sitting at our inner hearths, warming ourselves at the fire of accelerating awareness.

Intuitive astrologer Kelly M. Beard reminds us that Jupiter, planet of Truth and story, is in Aquarius throughout 2009, shining a new light on global issues as it expands our consciousness, community and vision.

In addition, "Venus and Mars - which only retrograde (go back over old territory) every two years - are retrograding this year to help us tweak our masculine/feminine natures as well as how we create in the world. Venus retrogrades at the beginning of the year and Mars at the end, which suggests that if we get our priorities straight (Venus),

we will know what to do next! (Mars)."

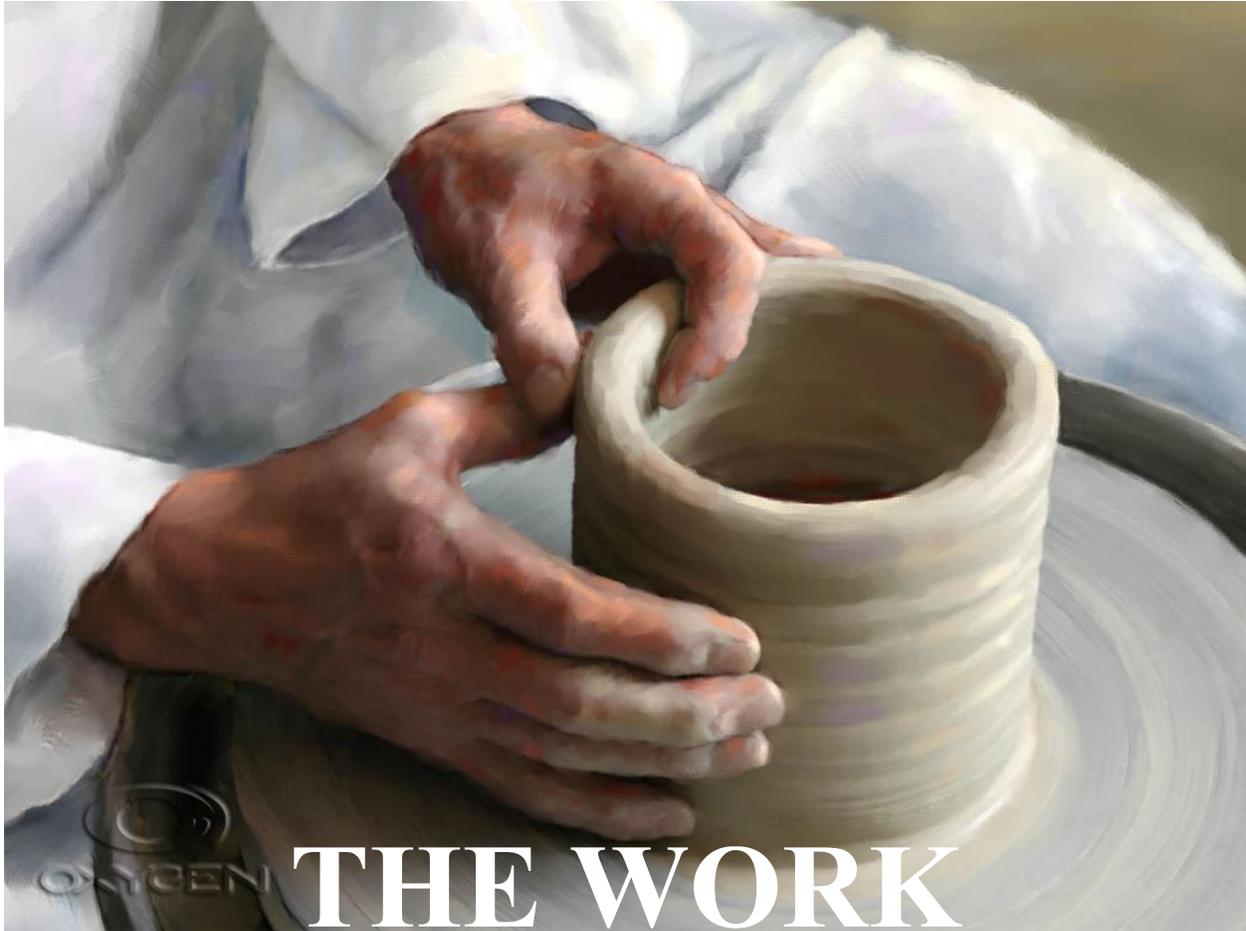
So create the container for your inner fire. Kindle yourself. Cherish the flame that burns brightly within you. We are each the ray of a new reality. Together, we are lighting the passage through this mystery school in which we're epically and epochally enrolled.

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Amara Rose is a metaphysical 'midwife' for our global rebirth. She is the author of the eBook series, 'What Shines: Practical Wisdom for Unleashing Your Inner Brilliance,' available from www.radiancepublishing.com

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THE WORK

Excerpts from Revelation: Joseph's Message

Channelled by Michael G. Reccia



Joseph: I would like to talk to you about the concept of work... firstly how you occupy your time, and secondly **THE** work.

Unfortunately, most occupations on the Earth plane are neither creative nor uplifting. Your society has created a need for drudgery in order that levels of materialism be maintained; and nothing destroys the human spirit more than drudgery. However, it is difficult for many people, once under that pall of drudgery, to expand their souls and this is the fault of society rather than of the individual.

You have a great problem today with work, because as you think, so you are. If people are in occupations that pull them down, that give them no inspiration or hope, then those are the thoughts that emanate from those souls into the atmosphere, contributing to the depression, the darkness and the restrictiveness of this world.

I am not suggesting that the whole world should be creative, but I am suggesting that the attitude to work should be different, not: *let us be as productive as possible in order to get as much mammon as possible*. If workloads were staggered, and people worked a day at a time then had a free day, then worked another day and had a free day, their spirits would have time to recover, and it would be better if

the companies concerned sought to provide better conditions for the souls under their employment. The whole system you have at the moment is geared towards making more material things... faster and faster... more and more productive... more and more automated... more and more *boring*... and all this stifles the spirit.

Each soul is capable of creating in some way because each soul creates as a matter of course, being a part of God. I am not suggesting that you place a paintbrush in the hands of each person but there is something creative that each soul can do. And if companies realised this and provided the tools for their workers to do something creative with, then their production would go up. However, they would find as this happened that they had been changed by the experience, and that they really didn't want to produce the goods they are now producing, because they would realize, in adopting a more spiritual approach, that those goods are too linked in with a material world. They would instead seek to produce something new and of more worth to a more spiritually minded society.

What I am attempting to explain is the soullessness of your world with regard to its material objects today. There is no love in them. There is no love in your television set or your car; there is no love in your furniture or your purpose-built house because the only love built into these objects is a love of the money that they will produce for someone. Your televisions would work more efficiently, your houses would be more welcoming, if they had love put into them at the design and creation stage, if a little time was taken over things, which it isn't.

And the speed at which souls work today prevents us from reaching them. There is no time for God in the lives of souls today. They work and they work and they work, and then they return to the spirit world - and then they often choose to return to the Earth plane to repeat the cycle!

Work is not all there is for a soul, day in, day out,

as the years go by, to be involved in something mindless, it is as torturous to that soul as some of the cruelty inflicted on souls in times before this one. It is mental cruelty; it is physical cruelty. The soul always seeks to fly free and to grow, and your society will not allow that.

Work is important, yes, but *choose your work carefully*. Be at the centre of a balance, so that on the one side you have the work that is necessary for you to live, but on the other side you have creativity, you have time for your God, you have time to explore what your soul is capable of. Because in creating, whether it be a sculpture or a painting or growing a plant, you are exploring your God qualities. And your God qualities are your *good* qualities and the more people that balance their lives in this way, the brighter the Earth will become, and the freer the Earth will be from the negativity.

We are looking for a state on Earth in the future where people have more leisure time, where they devote more of their daily lives to an exploration of self - not of ego, but of the soul - in order to understand what they are capable of, to understand that thoughts are living things, that whatever they think is *Creation*, and that if they think for the best they will alter the surface and quality of the planet, and the quality of life for everyone else on the planet.

Another aspect of work on the physical plane now is that it very often cuts people off from each other. They have forgotten how to communicate, they have forgotten the niceties of life, they have forgotten to enquire about each other, simply because work is the great god.

And what does it profit them? It brings them motor cars that rust; marriages that don't last; children who never look back at their parents and move on. It brings unrest, it brings anxiety about the new house, or the holiday, or the clothes, or the furnishings, and none of these things are important. It is companionship that is important, the reflection of yourself in others; your uniqueness and the way you share that uniqueness with others. Those are the

things that count, those are the things that are important, those are the things that have to be brought back to the surface so that the Earth can be changed.

The second area I wish to look at is THE work...God's work!

There is so much of **THE** work to do, but it requires people to surrender to that call from within, and to say, "Yes, God, I will do it. - Now... what is it I have to do?" Isn't that a leap? That is what is demanded of the next generation. The faith, the feeling that God has something for them to do, and the courage to answer that feeling by saying, "I will do it!"

There are many workers - potential workers - out there now. Children who have been born over the past thirty years and those that are being born today have a great potential to transmit and receive spiritual power, communication, information, healing and counseling thoughts. There are many spiritual leaders out there, potentially, but they need to be in the right environment. We are working towards a society that will recognise the Light-bringers in its midst and support them so that they can do the work they are supposed to do.

There are little lights out across your world, and those lights are the children who are growing up now and have a mission.

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Professional medium, Michael G. Reccia, from Rossendale, UK has channelled spirit communication for over 23 years. His important book 'Revelation: Joseph's Message,' contains the channelled words of Joseph, a highly evolved spirit who is deeply concerned with the fate of the Earth. The channellings offer challenging revelations about the nature of life and reality.



A Light Amidst The Darkness

By Melissa Simonson

I would maintain that thanks are the highest form of thought; and that gratitude is happiness doubled by wonder. - G.K. Chesterton

It can be a challenge, at times, to find the light within the darkness. This time of the year challenges us to turn inward. Some of us might not feel the abundance of joy at this time of the year that we would like to; some of us might be struggling to pay our bills as the world economy is rapidly shifting; for some it might be a reminder of loss, and for some it can merely be a stressful time filled with too many expectations and not enough sunlight.



It is a time of reflection and renewal - a time to discover our own unique source of light. The clearest, simplest way for us to make that light shine brighter, to fuel our joy, is through our ability to be grateful for even the smallest of things, the tiniest of moments, including those things that challenge us or create feelings of pain.

People often wonder what comes first, gratitude or joy. It is easy to feel grateful when we are feeling happy - the world seems to be one big toy store filled with all we could ever ask for; the more joy we experience the more grateful we feel. Yet, it is truly our gratitude that fuels our joy. When we find ways to be grateful for even our struggle, seeing the opportunities those challenges create, the growth, we plant seeds of joy that sprout in even the coldest and darkest of places.

I invite you to ask yourself, “What do I have to be grateful for in this moment?” Pay attention to the air that is feeding your lungs with oxygen, the shelter around you, the clothing on your body, the fact that you are here to breathe in this moment in the first place. That in itself is a miracle. Now think about the relationships in your life, the loving ones and even the not-so-loving ones - what blessings have you received from all of those connections? Whether or not you are in a time of challenge or ease right now, in what way is the Universe loving you at every moment? What is the gift of this time? If you really allow yourself to answer these questions, the gifts that you discover will be infinite.

I have most certainly felt the impact of the current state of our economy - my own clients getting laid off from jobs and less people choosing to invest in their own personal growth at this time of the year, and yet, I feel more abundant than ever. The true gift of this time is that despite my inability to splurge on pretty things and travel adventures, I am happy. I am seeing how full my life is, that I ALWAYS have what I truly need, no matter what. As I prepare for a busier coaching season ahead, my relationship with my finances is clearer and healthier than ever. This awakening would not have been possible without the opportunity I've had to experience having significantly less. I feel much loved by this time because I now know how to better manage my money - that is clearly a life long lesson that will only bring me more!



In what ways are you being prepared for the life that you want for yourself? How might you turn times of struggle into opportunities for joy? As you discover the myriad ways in which you have to be grateful (the list is endless - I promise!), you will discover a light to carry with you in even the darkest of times. The miracle of this season is not in the sparkling lights or our ability to top last year's presents, it lies in our ability to ignite that light of thankfulness within our hearts and shine it so that others might benefit from our joy. I invite you to dig deeply into even the darkest of spaces and delight in what you find.

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As an Inspired Speaker and Spiritual Life Coach, Melissa Simonson combines wisdom gleaned from Zen Buddhism, Astrology, New Thought traditions and both ancient and contemporary philosophies, with a BA in Psychology, to create a safe and accepting space for her clients to explore their dreams, release the beliefs that are no longer serving their Higher Purpose and manifest joy in their lives, NOW.

Spiritual Poems

The Pandora Truth

Still enchanted by folk lore
So starved for legends
To travel back in time to explore
Stories no one could comprehend

The apple of temptation
Adam and Eve's Eden
The enigma of creation
And the war of Godly men

Age after age meddling with the locks
Is there some good left inside that box?
How can evil enter the world
Because of one curious girl?

Truth that is still concealed
Time for it to be revealed.
Break Hermes' strong locks
and reopen your Pandora's Box

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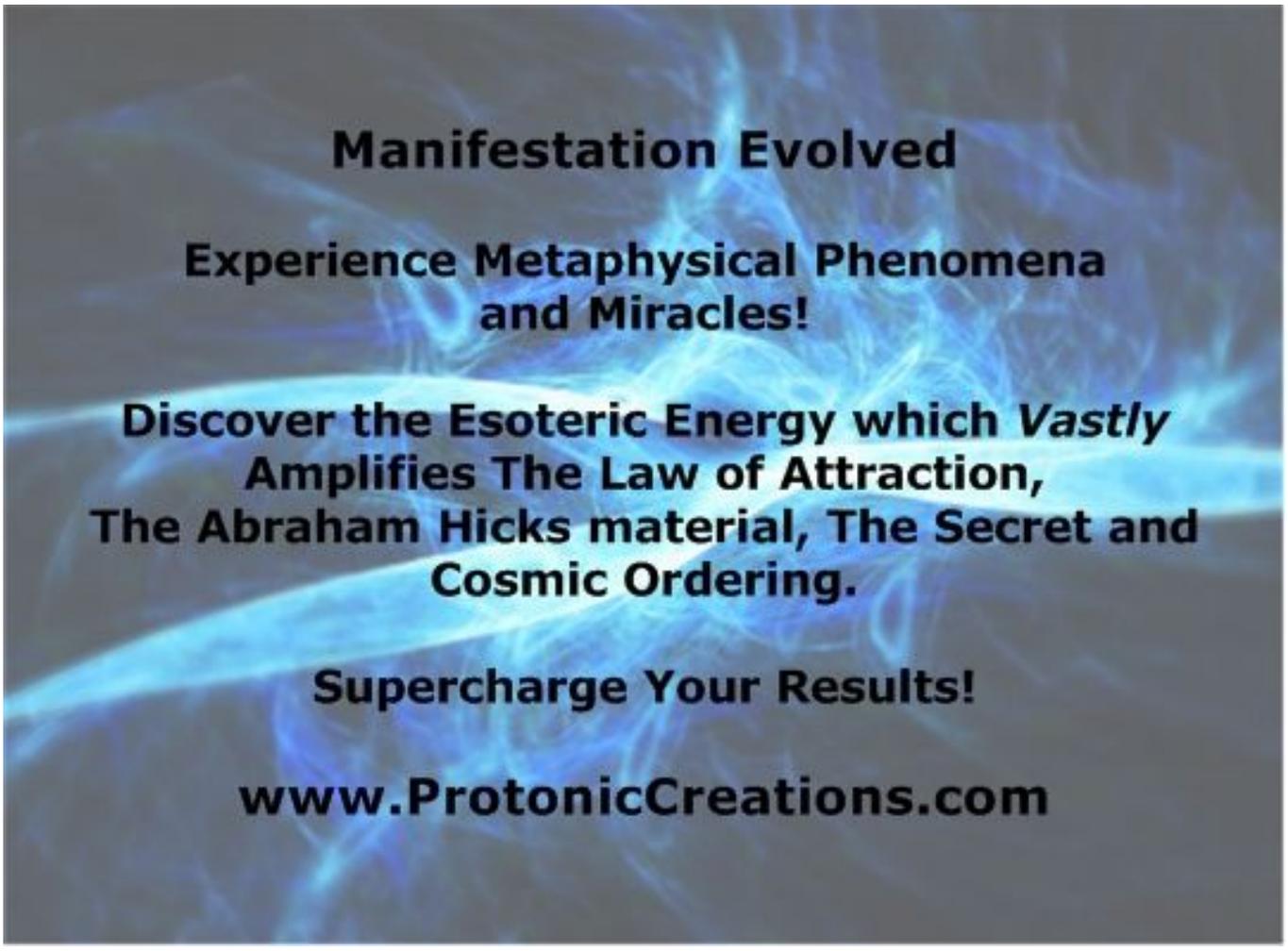


Nothing but the sky

Night and I bask in sunlight
Feelings fill the universe
Earth ...
It decays, it struggles, it takes turns
I look above with trust
The sky vanishes into a black hole
you loose your choice
You have nothing but the sky
I set straight a rainbow, fix falling
stars
Renew the sun's setting place.
Bored to tears
I desire for the earth
Divine paths open for my steps
alone.
Haunting funerals, luscious kisses,
quiet oceans of awareness
it's from where the Ganga springs.

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